

# WALK IN BEAUTY

**March 27- April 1  
2025**

**Sisterhood Retreat in the  
Sacred Valley of Peru**





# YOUR GUIDES



Mary Olivar

Expression & Harmony



Audrey Elequin

Connection & Beauty



Isa Allen

Science & Ceremony







Walk in Beauty

In the powerful land of the  
Sacred Valley we will  
reconnect with **Self, Body,  
Sisterhood, and Earth.**

Stepping into Beauty through  
the reclamation and  
restoration of what is TRUE.





# SISTERHOOD

Acceptance, Support, Witnessing, Nourishment

# CONNECTION

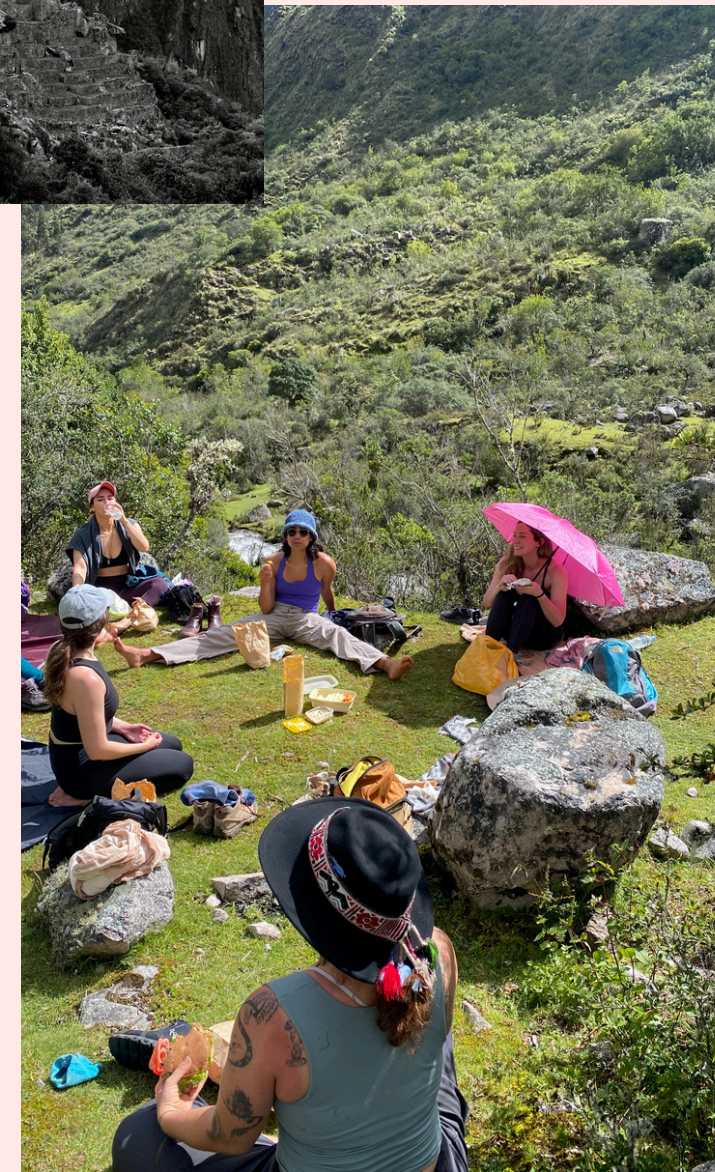
Back to Land, Self, Body, Relationship

# PRESENCE

Practice, Tools, Ritual, Self Embodiment

# BEAUTY

Reclamation and Restoration of what is TRUE





# WHAT OTHER HAVE EXPRESSED

“I cannot recommend WIB more. The facilitators, the land, the food- everything is was truly incredible. This container of scared sisterhood helped me to move through grieving my late mother and reconciling the end of my 8-year relationship. I will forever be grateful for this experience.”

Alicia

“Walk In Beauty was perhaps the most safely held & supported I’ve ever felt in a sisterhood container. In this safe space, I was able to fully surrender, release stuck emotions & old programs, and create space for more joy, creativity, vitality & beauty. The meals were mind-blowingly delicious, the landscape jaw-dropping, the excursions phenomenal, the teachings incredibly valuable, and the sisterhood connections... priceless! Truly one of the best decisions I’ve ever made. 🌹”

Karen

“There is no greater healing for women than being tightly held in the womb of sisterhood. I emerged from the Walk in Beauty retreat feeling clear, confident and bright! The facilitators held the safest and most grounded container I’ve experienced on a retreat and I highly recommend this experience to anyone seeking authentic connection to Self, Source and Sisterhood.”

Nellie

My experience at the Walk in Beauty Retreat in the Sacred Valley of Peru was life-changing for me. There’s a clear distinction of my life before the Walk in Beauty experience and after. Through the love, guidance, and leadership of the facilitators and their spiritual allies, what was ready to be transformed within me was revealed. When you are ready to discover who you are, and embrace the true liberation you are destined for, give yourself this gift.

Julie



# EXPERIENCE THE ANDES

- Rich food and agriculture
- Artisan textiles and products
- Incan and Andean teachings and codes
- Sacred land connection
- Integrated ritual and ceremony





# AYNI

*the practice of reciprocity or mutualism  
among people of the Andean mountain  
communities*

*Co-Created Sisterhood*











# OTHER GUIDES

## Padme

Nutrition & Cacao



## Vilma

Andean Cosmovision





# WHAT'S INCLUDED

## Covered in the retreat fee

- 5 nights of private or shared accommodation nestled in the heart of the Sacred Valley.
- Nutritious and delicious organic on-site meals.
- Pick-up from Cusco - two location options.
- English - Spanish translation.
- Support with additional travel plans within Peru before or after the journey.
- A variety of women's educational, ceremonial, integration, somatic, and healing spaces and workshops.
- Integrated time + consultations with your guides and teachers.
- Guided exploration of a local market.
- 1 daytime Huachuma ceremony.
- 1 daytime Cacao ceremony.
- 1 Andean Despacho ritual with altar-building and intention setting.
- Womb ceremony and healing work.
- 2 guided Andean hikes, including Incan sacred sites.
- Voice activation and song workshop.
- Integration & sharing circles.
- Teachings from local wisdom keepers including ancient traditions, local plants and herbs, and ritual.



# WHAT'S NOT INCLUDED

## Not covered in the retreat fee

- Domestic or international flights
- Travel insurance (if desired)
- Personal shopping expenses/souvenirs
- Additional spa therapies & bodywork
- Meals outside of the property, including 1 meal on excursion day
- Additional hotel bookings (if arriving early or staying later)
- Transportation departing the retreat (we can help to arrange, if needed, but many like a few days to explore afterwards)

## Bonus

- 30-Minute discovery call prior to booking with facilitators; Audrey, Isa & Mary
- Virtual meeting with the full group 1 month before the retreat to answer any questions and meet each other
- Preparation guidance and support
- WhatsApp group pre and post-retreat to stay connected
- Virtual integration meeting with the full group after the retreat



# WHERE?

## Urubumba, Peru

Located in one of the most stunning places on earth, the beauty of Pachamama radiates throughout the Sacred Valley. The town sits in a beautiful ravine surrounded by Apus and blessed by the sacred Río de Urubumba.

## La Caprilla Lodge

Enjoy beautiful accommodations in the Sacred Valley of Peru at La Caprilla Lodge retreat center. Experience the sun-filled gardens surrounded by Andean peaks while luxuriating in the safety and serenity of the sacred land. It is a sanctuary dedicated to being in connection with life and with nature; to experimenting and providing sustainable forms of human development, through education, permaculture, agriculture, health, nutrition, meditation, and art.







## Single Room

*jan 10* Early Early Bird: \$1800  
*feb 10* Early Bird: \$2000  
 Regular: \$2200



## Double Room

*jan 10* Early Early Bird: \$1650  
*feb 10* Early Bird: \$1850  
 Regular: \$2050



# MORE ON VILLA CAPRILLA



- 9 Private Rooms with Private Bathrooms
- Multiple gardens and outside spaces
- Yoga and meditation room
- Nutritious and vibrant home-cooked meals
- 24/7 Beverage and snack bar
- Walking proximity to Urubumba





WE WANT TO HEAR  
FROM YOU

**Dreams, Goals, Desires**